TRUST AND RESPECT Acknowledge children's right to have own feelings, friends, activities and opinions • Promote independence • Allow for privacy • Respect PROMOTE EMOTIONAL SECURITY Talk and act so that children feel safe and comfortable expressing themselves • Be gentle • Be dependable.

 Allow for privacy • Respect feelings for other parent · Believe your children.

CARE FOR YOURSELF

Give yourself personal time

- Keep yourself healthy
 Maintain friendships
- Accept love.

· Be dependable.

PROVIDE PHYSICAL SECURITY

Provide food, shelter, clothing • Teach personal hygiene and nutrition • Monitor safety • Maintain a family routine . attend to wounds.

CHILDREN

GIVE AFFECTION

Express verbal and physical affection . Be affectionate when your children are physically or emotionally hurt.

ENCOURAGE AND SUPPORT

Be affirming . Encourage children to follow their

PROVIDE DISCIPLINE

Be consistent . Ensure rules are appropriate to age and development of child . Be clear about limits and expectations . Use discipline to give

GIVE TIME

instruction, not Participate in your punish. children's lives: activities. school, sports, special events

interest • Let children disagree
with you • Recognize improvement
• Teach new skills • Let them
make mistakes.

CARE FOR YOUR

CARE FOR YOUR

DOMESTIC ABUSE INTERVENTION PROJECT

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