

**HICAP
HEALTH INSURANCE COUNSELING AND
ADVOCACY PROGRAM.....(800)434-0222**

HICAP is a member of the national network of State Health Insurance and Assistance Programs, the California Department of Aging, and California Health Advocates, and it is their job to offer counseling and up-to-date information about Medicare coverage and how it works for you.

BUSINESS LISTINGS

CALOPTIMA ONECARE(800)960-9070
1120 West La Veta Ave. • Orange CA 92868
www.caloptima.org

CARE 1ST HEALTH PLAN(800)847-1222
601 Potrero Grande Dr. • Monterey Park CA 91755
www.care1st.com

CAREMORE HEALTH PLAN(800)589-3147
12900 Park Plaza Dr., #150 • Cerritos CA 90703
www.caremore.com

**CITIZENS CHOICE
HEALTH PLAN(877)387-6277**
17315 Studebaker Rd., #200 • Cerritos CA 90703

**GOLDEN STAT MEDICARE
HEALTH PLAN.....(877)541-4111**
3010 Old Ranch Pkwy., #260 • Seal beach CA 90740
www.goldenstatemhp.com

**GOVERNMENT
BENEFITS CONSULTING**

MEDI-CAL SOLUTIONS.....(909)985-4466
Medi-Cal Solutions, a service of Retirement Planning & Management Group, protects seniors from going broke in nursing homes. Yvonne Lannon- with eight years of government agency experience, including three years with Medi-Cal- and Robert Cullen, CFP, author of Saving Mom & Dad ...and You, assist hundreds of families each year. Call 909-985-4466 for a free phone consultation.

MEDICARE INFO LINE(800)281-9799

UNITED HEALTH CARE(766)505-9109
www.aarpmedicarecomplete.com

**NONPROFIT LISTINGS
MEDICARE AND MEDI-CAL**

CAL-OPTIMA.....(714)246-8400
1120 West La Veta Ave. • Orange CA 92868

