



INFORMATION & REFERRAL

ALZHEIMER'S ASSOC.909-944-9680

CALIFORNIA DEPT. OF REHABILITATION.....951-782-6650

COMMUNITY ACCESS CENTER ..951-274-0358

An information and referral system for seniors and the disabled.

HEALTH INSURANCE COUNSELING & ADVOCACY (HICAP).....800-434-0222
INLAND AGENCY

HICAP951-241-8723 OR 951-684-7980
HICAP is a Medicare counseling and assistance program that provides community education.

IN-HOME SUPPORTIVE SERVICES800-960-4477

LONG-TERM CARE OMBUDSMAN.....800-464-1123

SENIOR INFORMATION & REFERRAL
Riverside Office on Aging951-867-3800
SB Office on Aging.....909-891-3900

SOCIAL SECURITY.....800-772-1213

IN-HOME SUPPORTIVE SERVICES

Department of Aging
Redlands/San Bernardino909-891-3900
Riverside County951-867-3800
or888-960-4477

In-Home Supportive Services (IHSS) is the largest publicly funded non-medical service to help functionally impaired persons of all ages, with limited resources to stay at home. The program is split into two components, Residual IHSS & Personal Care Services (PCSP). The IHSS program provides domestic services, heavy cleaning, meal preparation, meal cleanup, menu planning, laundry services and errands. IHSS is an alternative to out-of-home care. PCSP provides personal care services as a optional Medi-Cal benefit. This includes nursing services as well as assistance with ambulation, personal care, self-administered medications.

HOME HEALTH CARE/HOSPICE

Home Care Companies allow an individual to stay at home and recover from an illness, injury or accident. They also help individuals that want to stay at home but need assistance for activities of daily living such as bathing, companionship, meals, housework etc. Hospice Companies help with end of life care through physical, emotional and spiritual comfort care.

CLAREMONT

INLAND HOSPICE ASSOC......909-399-3289
233 W. Harrison Ave.

CORONA

AGE ADVANTAGE SENIOR HOME CARE951-278-1208
400 Ramona Ave., #212 • Corona CA 92879

Helping you & your loved ones maintain an independent lifestyle. Services include assistance with housekeeping, meals, bathing, transportation. Caregivers are bonded and insured. Hourly, live-in & nightly services.

CORONA HOSPICE951-734-3650
730 Magnolia

IE ADULT DAY HEALTH CARE ..951-808-9600
135 N. McKinley St.

HEMET

ANGELS OF THE VALLEY951-927-7428
or951-929-4140

2091 W. Florida Ave., #200, Hemet CA 92544
Providing in-home care, respite/hospice care, personal care, light housekeeping, doctor's appointments, meal preparation. 24 hrs. emergency on-call staff. Caregivers screened, bonded & insured. Nurse supervised 24/7.

HEMET HOSPICE VOLUNTEERS951-766-9629

2091 W. Florida Ave., #200
Raises funds to support hospice patients.

LOMA LINDA

HOSPICES OF REDLANDS COMMUNITY HOSPITAL909-335-5643
350 Terracina Ave.

MORENO VALLEY

BETHANY HOME CARE951-924-7751
11481 Heacock

MURRIETA

HOSPICE OF THE VALLEY951-200-7800
25240 Hancock Ave., #120

ONTARIO

ADEPT HOME HEALTH909-933-3800
1131 W. 6th St. #270