



• FINANCIAL AND LEGAL MATTERS

Where are your current documents and financial paperwork such as deeds, policies, life, auto, home insurance? Are you able to handle all your finances now? Have you done a will, power of attorney, advanced health care directive?

• DEATH AND FINAL ARRANGEMENTS

What, if anything frightens you about dying? Do you have certain religious beliefs that you want attended to upon your death? What do you wish to become of your final remains? How can your family/friends best honor you in death?

What is available now for older persons dealing with disabilities and also their caregivers? Call County of Riverside Office on Aging 951-867-3800 or for San Bernardino residents- County of San Bernardino Office on Aging 909-891-3900

Personal care, home delivered meals, family caregiver information, and more for the Riverside County senior population and their families.

CAREGIVER RESOURCES

NATIONAL FAMILY CAREGIVERS ASSOCIATION (NFCA).....1-800-896-3650
www.thefamilycaregiver.org

Provides information, education, support, and advocacy for caregivers.

THE U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES ADMINISTRATION ON AGING1-202-619-0724
www.aoa.gov

Works with a nationwide network of organizations and service providers to provide information and resources on a variety of aging-related topics.

CAREGIVING RESOURCES

BRIGHTSTAR CARE

Temecula/Menifee/Hemet/Sun City/Riverside/Moreno Valley

Tom Louden951-679-6986

Comprehensive in-home services that allow your loved one to retain their independence and dignity. All caregivers are trained and supervised by an RN to maintain high standards of care. Hourly and live-in service. Available 24/7. Ca Dept. of Public Health License. Bonded & insured.

CAMBRIA HOME CARE.....877-422-2270

27994 A Bradley Road • Sun City CA 92586
72655 Highway 111, #3-B • Palm Desert CA 92260
 Cambrian provides seniors with non-medical, in-home personal care, companionship, light housekeeping, meal preparation and transportation assistance. We require no minimum hours, no contracts and no deposits.

CAMBRIAN HOME CARE.....877-422-2270

5199 E. Pacific Coast Hwy. • Long Beach CA 90804
 Cambrian was started in 1996 by Registered Nurse Rhiannon Acree. We are committed to providing the right caregiver at the right place at the right time doing the right thing.

CAMBRIAN HOME CARE.....877-422-2270

15401 Anacapa Rd., #2 • Victorville CA 92392
 Our caregivers are bonded, screened, and highly trained at our facilities. They are CPR and first aid certified. We provide their workers compensation insurance and pay appropriate employee taxes.

CARING COMPANIONS

AT HOME949-574-0750

Hourly and live-in home care, hospital & rehab discharge assistance, medication reminders, bathing, dressing and grooming, meal preparation, light housekeeping, errands, transportation and companionship.