

About Our History

Founded in 1973, the Riverside Area Rape Crisis Center, a non-profit organization, has been a visible presence and resource for the victims of sexual assault and their families during a particularly traumatic time in their lives. Over the years, the Center's service areas, program staff, and volunteer base have expanded to better meet the needs of the communities we serve throughout Western Riverside County. The services of the Riverside Area Rape Crisis Center are provided free of charge.

Our Philosophy

- The Riverside Area Rape Crisis Center is based on the belief that each individual has a right to control their own body and life, and to live free from violence and fear.
- The organization supports the survivor's autonomy in decisions and assists in exploring choices while working through the trauma.
- The organization believes that through education, the community can become more sensitive, aware, supportive and accepting of the individual's right to be safe and in control of their life.
- The organization is committed to eliminating exploitation in human relationships, reducing the stigma of victims, and emphasizing the value of each human life.

Direct Services

- **24-Hour Crisis Hotline**
Provides crisis intervention, counseling and information and referrals for assault survivors, their families and friends.
- **24-Hour Hospital Advocacy** Offers support and counseling to rape victims and their families at the hospital and accompaniment services to court proceedings and interviews with law enforcement agencies.



Penal Code Section 261.01(a)

A victim of sexual assault has the right to have a victim's advocate and a support person of the victim's choosing, present at any interview by law enforcement, District Attorney, and during any medical or physical examination.

- **Accompaniment** to Law Enforcement interviews and court.
- **In Person Counseling** in Office, Schools and Public places.
- **Support Groups** provided in English and Spanish. This is a healing empowerment program, which focuses on a shared experience.



Community Education

- Child Abuse Prevention Presentations for Headstart, Preschool, Elementary, Middle and High Schools.
- Sexual Harassment Prevention
- Date Rape / High School and College
- Healthy Relationships
- Senior Outreach
- Latino Outreach
- Parenting Classes
- Professional Training
- Law Enforcement Training

Self Defense Classes

Woman to Woman

Self defense classes for women ages 11 and up. Topics addressed will include Prevention Ideas, Assertiveness Training and Physical Techniques. The classes are one and a half hours long and may be attended multiple times.

Kid Power

Kid Power is a self defense class for children ages 4 to 12 years old. Topics addressed will include: Personal Safety, Assertiveness Training and Physical Techniques to defend themselves.